April 2022

Lawrence Township Office on Aging Senior Center Activity Calendar





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	REGISTRATION
27	28	29	30	31	1	2	Pre-Registration for ALL Senior
			ලා <u> </u>		YOGA 9 -10 AM		Center Programs By Calling
	Volu	nteer App	reciation)	Jonth	@ Community Center		The Center. All Programs For
		0_0_			LINE DANCE W/ ROSE - 10:00		Only Lawrence Seniors 60
3	4	5	6 LINE DANCE W/ BILL 9:30	7	8	9	Years and Older.
	EXERCISE 9:00 - 10:00 AM	AARP TAXES - 10:00 AM		EXERCISE 9:00 - 10:00 AM	YOGA 9 -10 AM		POLICY
	@ Community Center	BY APPOINTMENT	COMPUTER HELP/LAB	@ Community Center	@ Community Center		Social Distancing Will Be
	COMPUTER HELP/LAB (9 TO 12)	COFFEE HUB - 9:30	BY APPOINTMENT (9-12)		LINE DANCE W/ ROSE - 10:00		Followed. Temperature Checks at Door. Mask Required When Social Distancing Can Not Be Followed. If You Have Symptoms, PLEASE STAY HOME!
	TAI CHI 10:30 - 11:30 AM	HEALTHY BONES - 1:30 - 3:00		PEOPLE AND STORIES	PRIZE BINGO		
10	@ Community Center	12	BUSY BEES 1:00 - 3:00 PM 13 LINE DANCE W/ BILL 9:30	ZOOM 1:30 PM	1:00 - 3:00 PM	16	
10	EXERCISE 9:00 - 10:00 AM	AARP TAXES - 10:00 AM	EXEC MEETING - 10:30 AM	14 EXERCISE 9:00 - 10:00 AM	CENTER		
	@ Community Center	BY APPOINTMENT		@ Community Center	GOOD		
	COMPUTER HELP/LAB (9 TO 12)		COMPUTER HELP/LAB		FRIDAY		GRAB N GO LUNCHES NUTRITION PROGRAM
	TAI CHI 10:30 - 11:30 AM	HEALTHY BONES - 1:30 - 3:00	BY APPOINTMENT (9-12)	AFTERNOON SOCIAL	CLOSED		
	@ Community Center		BUSY BEES 1:00 - 3:00 PM	1:30 PM - 3 PM			
17	18	19	20 LINE DANCE W/ BILL 9:30	21	22	23 To Register For Nutrition (Grain N Go) Call Millie Booth	
	EXERCISE 9:00 - 10:00 AM			EXERCISE 9:00 - 10:00 AM	LINE DANCE W/ ROSE - 10:00		N Go) Call Millie Booth (609)883-8085
	@ Community Center	HEALTHY BONES - 1:30 - 3:00	COMPUTER HELP/LAB	@ Community Center			OR
			BY APPOINTMENT (9-12)		PRIZE BINGO		(609)989-6650
	COMPUTER HELP/LAB				1:00 - 3:00 PM		
24	BY APPOINTMENT (9-12)	26	BUSY BEES 1:00 - 3:00 PM	20	20 20 20 20 20 20 20	20	<u>Contact</u>
24	25	26	27 LINE DANCE W/ BILL 9:30	-	29 YOGA 9 -10 AM	30	Lawrence Township Senior
	EXERCISE 9:00 - 10:00 AM @ Community Center	COFFEE HUB - 9:30	COMPUTER HELP/LAB	EXERCISE 9:00 - 10:00 AM @ Community Center	@ Community Center LINE DANCE W/ ROSE - 10:00		Center, 30 East Darrah Lane,
	COMPUTER HELP/LAB (9 TO 12)		BY APPOINTMENT (9-12)	Community Center	SPRING FLING	Lawrence Twp., NJ 609-844-7048	
	TAI CHI 10:30 - 11:30 AM	HEALTHY BONES - 1:30 - 3:00			Pizza Party		
	@ Community Center		BUSY BEES 1:00 - 3:00 PM		AT POST #458		
1	SIGN UP FOR NEW TAI-CHI & YOGA CLASSES BEGINNING THE LAST WEEK OF APRIL COMMUNITY CENTER 295 EGGERTS CROSSING ROAD		PRE-REGISTER MAY 3 - HEALTH FAIR AT SENIOR CENTER			DIRECTOR	
							Lillian LaSalle
			LAP BLANKET PROJECT is ongoing				& Coral Phillips
			Pick up yarn at the Senior Center for our			cphillips@lawrencetwp.com	
			"Neighbors helping neighbors project"				
			Neignbors neiping neignbors project				